

# MA. VERONICA FAITH C. PUNZALAN

PTRP, DO-MTP, Grad. Dip. Man. Ther. (HONS), DMS, MTAI

Address: 17B Josefa Avenue, Doña Josefa Village, Almanza Uno,

Las Piñas City, 1750 Philippines

Phone: +63917-995-71-45

Email: mvfaithpunzalan@gmail.com



## Summary

Proficient in a broad range of Osteopathic Techniques that address injuries and also promote wellness and preventive medicine, including Craniosacral Therapy, Spinal Manipulation and Mobilization, Lymphatic Drainage Therapy, and Visceral Manipulation; Competent in a broad range of Physical Therapy programs, treatments and modalities that aim functional restoration and alleviating disability for injured patients. Champions customer service and extremely capable in patient assessment and time management. Enthusiastic team player deeply committed in delivering quality care and achieving excellent patient outcomes in correspondence with the goal of the patient. Background includes work with movement assessments, musculoskeletal conditions, neurologic cases, pediatric and geriatric patients, and sports and orthopedic management.

## Career Objectives

- To integrate Physical Therapy and Osteopathy as a holistic approach in providing quality care and service that is innovative and individualized in respect to the needs of patients and clients thereby improving their optimal over-all function.
- To incorporate the importance of Physical Therapy and Osteopathy in the field of Sports and Movement Science, thereby promoting better movement control and muscle balance while also considering the recovery and wellness of human performance.

## Employment History

### ***Clinical Supervisor for Training***

Department of Physical Medicine and Rehabilitation

Asian Hospital and Medical Center

*October 2015 to Present*

- The Rehabilitation Medicine Clinical Supervisor for Training is responsible for assisting the department in achieving the goal of providing accessible, world-class healthcare services to every individual by committing to continuous skills improvement of all staff, overseeing consistency in treatment and excellence of service; commits to ensuring world-class standards are followed through with the observance of department policies and procedures and adherence to the hospital's vision, mission and core values as well as consistent compliance to the JCI (Joint Commission International) standards.
- Serves as the Head of the Training Committee of the department; Organizes the annual Post-Graduate course with the goal of imparting updates of new, innovative, and integrative health care services for rehabilitation.
- Coordinates with Department Manager and Clinical Supervisor for Operations for the training needs of the unit including proceedings from staff training and provides recommendations for course of action.
- Conducts learning needs assessment among stakeholders on a regular basis and effectively relays results to Department Manager and/or Chairperson.
- Formulates both high-level and specific training plan for clinical staff in the department based on identified learning needs including a skills validation program.
- Develops and executes a thorough and comprehensive staff competency training plan for clinical staff in the department.
- Formulates a program for monitoring staff competency and compliance to new techniques which may include but are not limited to direct observation, return demonstration, written or oral examination, or interview with peers, patients and/or patient's relatives.

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## Employment History - Continued

- Monitors performance and appropriately coaches all newly hired personnel for the first six months or during their probationary period.
- Creates and executes an efficient training and mentoring strategy for identified staff with inadequate or incomplete competencies, as verified with Clinical Supervisor, Administrative Supervisor and/or Department Manager.
- Provides creative solutions to current processes or clinical techniques in efforts to improve clinical practice of all staff members; Enhances processes and guidelines on diagnostic/ therapeutic services of the unit with consistent reference to evidence-based practice.
- Assesses needs and resource requirements for maintaining current programs and for introduction of new programs for the unit; Recommends modifications in the method and instrument evaluation protocols for the unit, particularly for training portions.
- Recommends and spearheads process improvement measures in skills laboratory activities to facilitate better competencies for all involved.
- Performs rehabilitation procedures following department guidelines and protocols and commits to excellence in patient care at all times.
- Shows innovativeness as part of general competency; Advocates and practices the paradigm shift to continuously improve work performance towards organizational development; Initiates, suggests and executes process improvement and takes risks to achieve organizational improvements; Demonstrates openness and willingness to learn and apply new processes/ procedures to benefit the unit/ organization.
- Consistently sets and achieves challenging goals for own department and for organization by reviewing priorities and goals and achieving them; Role models and influences subordinates to be empowered and self-driven; Coaches subordinates towards excellence.
- Consistently performs tasks with very minimal supervision; does work independently without waiting for instructions; Has exceptional ability to adapt to changes in work assignments; Proactive in approaching job responsibilities and ability to initiate change towards improvement.
- Always acts jointly with others in accomplishing goals; inherent to go out of his way to assist others without prodding; Manner is highly pleasing, cheerful and diplomatic; Able to generate cooperation with others and demonstrate effective inter and intra networking within the organization in achieving organizational goals.
- Champions customer service; Able to analyze customer needs and develops strategy and action plans in his/her area that is beneficial both to the customers and hospital, which as a result will benefit the image and growth of the institution; Consistently attends to internal and external customers enthusiastically; Exceptionally keen in anticipating customer's needs and satisfying client expectations without sacrificing the interest of the Hospital.
- Always demonstrates excellent problem solving skills under all circumstances particularly on important and complex matters without compromising the Hospital; Takes full responsibility for her actions/decisions and decisions are well thought for the good of the institution

### **Physical Therapist**

Department of Physical Medicine and Rehabilitation  
Asian Hospital and Medical Center

*April 2009 to Present*

- Responsible for promoting client's optimal function through execution and teaching of therapeutic exercises, functional and mobility training; Provides world-class healthcare services to every individual; Performs all clinical duties in line with the observance of department policies and procedures and adherence to the hospital's vision, mission and core values, as well as consistent compliance to JCI (Joint Commission International) standards.

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## Employment History - Continued

- Performs rehabilitation procedures following department guidelines and protocols and commits to excellence in patient care at all times.
- Conducts appropriate patient assessment, interpretation and goal setting.
- Holds himself/herself accountable for the care and goal achievement for all patients entrusted to him/her.
- Develops the best care plan for patients with consistent communication with patients, patient's relatives, referring physician, and other healthcare professionals involved in the care of the patient.
- Administers appropriate, fair and complete objective assessment for all patients, utilizing all resources available.
- Demonstrates expertise in a wide range of therapeutic techniques to promote best rehabilitation procedures for patient care.
- Demonstrates knowledge in indications, contraindications, precautions and red flags in patient conditions and uses these as guidance in patient care.
- Assists patients in rehabilitative exercise programs such as administration of manual exercises.
- Instructs, motivates, and assists patients to perform vital physical activities, such as non-manual exercises, ambulatory and functional activities, daily living activities, and in use of assistive and supportive devices, such as wheelchairs, crutches, splints, braces, and prostheses.
- Administers treatments involving application of physical agents and equipment's safely and correctly, such as Hydrotherapy tanks and Whirlpool baths; Electrotherapy modalities: Electrical stimulation, Transcutaneous Electrical Nerve stimulation (TENS), Functional Electrical Stimulation (FES); Heating and cooling modalities: Paraffin Wax, Hot moist packs, Infrared Radiation Lamp, Ultraviolet Radiation (UVR) unit, Ice compresses; Shockwave Therapy; Low-Level LASER Therapy; Intermittent Pneumatic Compression units, and both Cervical and Lumbar traction machines.
- Exemplifies clinical reasoning at all times in patient care management based on the response and progress of the patient, and the agreed upon goals of all stakeholders (patient, patient's relatives, PT, doctor, other healthcare professionals); Sets SMART goals for all patients in collaboration with all stakeholders and works toward achieving these goals for each patient session.
- Ensures carryover of all physical therapy gains by emphasizing on patient education.
- Ensures complete documentation for all patients and adheres to accepted timeframe of completion.
- Commits to meeting reasonable productivity measures set in the department; Raises and recommends action plans to any concern impeding adherence to efficiency and productivity goals set.
- Understands, respects and upholds patient's rights at all times; Duly performs protocol for obtaining consent for procedures and documents accordingly; Allows sufficient time to discuss the risks and benefits of the proposed treatment with patient and patient's family; Respects patients' privacy and dignity; Treats patients and their families with respect and dignity. Identifies and addresses psychosocial, cultural, ethnic and religious/spiritual needs of patients and family; Maintains patient confidentiality; Acts ethically and applies ethical reasoning in all health care activities
- Consistently performs tasks with very minimal supervision; does work independently without waiting for instructions; Has exceptional ability to adapt to changes in work assignments; Proactive in approaching job responsibilities and ability to initiate change towards improvement.
- Always acts jointly with others in accomplishing goals; inherent to go out of his way to assist others without prodding; Manner is highly pleasing, cheerful and diplomatic; Able to generate cooperation with others and demonstrate effective inter and intra networking within the organization in achieving organizational goals.
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## Employment History - Continued

- Always demonstrates excellent problem solving skills under all circumstances particularly on important and complex matters without compromising the Hospital; Takes full responsibility for her actions/decisions and decisions are well thought for the good of the institution

### **Physical Therapist**

Corporate Wellness Center, Meralco

*January 2007 to January 2009*

- Administered Physical Therapy to patients with disabilities, disorders and injuries to relieve pain, develop or restore function and maintain maximum performance using physical means such as exercise, massage, heat, water, light and electricity as prescribed by the Physician.
- Performed an accurate and thorough evaluation of patient's status or condition using the standard and appropriate physical therapy assessment techniques.
- Analyzed the need or problem of every patient using the Subjective, Objective, Assessment and Plan (SOAP) format of assessment.
- Planned and formulated medically prescribed physical therapy treatment program, safely and efficiently. Explaining the procedures to be conducted, the treatment rationale in lay-man's terminology and the duration and frequency of therapy.
- Assessed the functional capacities of individuals having work-related impairment or trauma resulting to temporary or permanent disability, in order to find a suitable workplace that will enable them to become productive in terms of work output.
- Accepted and reviewed physician's referral and patient's medical records to determine physical therapy treatment required and to make referrals to other members of the allied health. Maintain an active interaction with the rest of the team for the betterment of patient care.
- Recorded and reviewed the result of the assessment conducted in order to aid in establishing or revising the specifics of the treatment program. Records the patient treatment, response, and progress.
- Performed physical therapy diagnostic test procedures such as range of motion measurement, manual muscle testing, neurological evaluation, postural assessment, gait analysis, special tests, activities of daily living assessment, coordination assessment, and etc.
- Administered manual therapeutic exercises like joint mobilization, proprioceptive neuromuscular facilitation, Bobath, Brunnstrom and Rood techniques etc, to improve or maintain muscle function applying precise amount of force and guiding patient's body parts through effective patterns and degree of movement.
- Instructed, motivated, and oriented patients in non-manual exercises such as active regimens, isometrics and progressive-resistive, and in functional activities such as ambulation, transfer and daily living activities, using free weights, pulleys, exercise machines, mats, steps and inclined surfaces, and assistive and supportive devices such as crutches, canes, parallel bars, orthoses, and prostheses.
- Acted as a Clinical Supervisor for Interns; Administers written pre and post evaluation examination for the Physical Therapy Interns.
- Conducted journal reporting and case presentations to Physical Therapy Interns as part of the continuing education of the department.

### Internship Work History

Seamen's Hospital

Veteran's Memorial Medical Center

Philippine Children's Medical Center

Summit Team Specialists

John F. Cotton Hospital Meralco

*April 2005 to January 2006*

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## Internship History - Continued

Community Based Rehabilitation – Pamantasan ng Lungsod ng Maynila  
Ospital ng Maynila  
Philippine Heart Center

- Under the supervision of a licensed Physical Therapist, provided physical therapy treatments and modalities in accordance with hospital policies and procedures.
- Worked in inpatient and outpatient rehabilitation department in implementing, reviewing, revising and progressing individual physical therapy treatment programs.
- Communicated with MDs, Registered PT's and other medical professionals concerning patient status, progress and continued service's needs.
- Maintained quality patient care at all times.
- Provided treatments to professional Basketball players and other athletes of different sport backgrounds.
- Documented patients' progress and completed discharge summaries, home-program treatment plans, and other forms for intra and extra-agency personnel. Ensured all documentation was clear, concise, timely, accurate, and complete.

## Affiliations

### **Associate Member and Faculty**

SOMATIC Therasystems Association Inc.

*November 2011 to Present*

Association of Traditional Osteopaths in the Philippines (ATOP)

*September 2014 to Present*

## Additional Credentials

### **Physical Therapist Registered, Philippines**

*August 2006 to Present*

Philippine Physical Therapy and Occupational Therapy Board Examinations 2006

Professional Regulation Commissions

License no. 0020150

### **Muscle Tape Accredited Instructor (MTAI)**

*May 2016 to Present*

### **Certified BLS Provider**

*July 2012 to Present*

## Education

### **Pamantasan ng Lungsod ng Maynila (University of the City of Manila)**

*2006*

Bachelor of Science in Physical Therapy

### **Our Lady of Pilar Montersorri Center**

*2001*

Primary and Secondary Education

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## Post-Graduate Diploma / Certification Courses Attended

### **Diplomate in Osteopathy – Manipulative Theories and Principles (DO-MTP)**

Instructor – Steven Sanet, DO and Leomil P. Adriano, PTRP, MSPT, DO, Grad. Dip. Man. Ther. (HONS)

Osteopathic College of Ontario (OCO)

<http://www.o-c-o.org/>

[www.osteopathy1000.org](http://www.osteopathy1000.org)

Q1 – Assessment (November 9 to 11, 2012)

Q2 – Strain-Counterstrain (March 8 to 10, 2013)

Q3 – Myofascial Release (June 7 to 9, 2013)

Q4 – Muscle Energy Technique (September 13 to 15, 2013)

Q5 – Ligament Articular Strain 1 & 2 (December 13 to 15, 2013)

Q6 – Craniosacral Therapy 1 (January 30 to February 2, 2014)

Q7 – Craniosacral Therapy 2 (February 6 to 9, 2014)

Q8 – Advance Cranial Osteopathy and Primitive Reflexes (May 30-31 and June 1, 2014)

Q9 – Lymphatic Activation Technique (June 20 to 22, 2014)

Q10 – Visceral Manipulation 1 (May 9 to 11, 2014)

Q11 – Visceral Manipulation 2 (July 18 to 20, 2014)

Q12 – Integration (September 5 to 7, 2014)

### **Graduate Certificate in Manipulative Therapy of the Extremities**

Instructor – Robbie Goodrum, PT, DO, ND, Dip. FA Sports Injury Management

Goodrum Seminars / National University of Medical Science

March 28 to April 1, 2016

### **Neurodynamics Trained Physiotherapist**

Instructor: Kiran Challagundla, MOSMPT

Neurodynamics Solutions (NDS), Adelaide, Australia

<http://www.neurodynamicsolutions.com/>

Upper Quarter – July 7 to 8, 2016

Lower Quarter – July 9 to 10, 2016

### **Functional Fascial Taping (FFT) Practitioner**

#### **Functional Fascial Taping (FFT) - Innovative Pain Management: FFT Upper and Lower Body**

Instructor – Ron A. Alexander, FFT Founder/Director

Functional Fascial Taping Institute, Australia

August 29 to 30, 2015

### **Certified Functional Movement Screen Level 1**

Instructor – Diane Vives MS, CSCS\*D, FMS, CGFI-TPI

Functional Movement Systems, USA

<http://www.functionalmovement.com/>

Certification Date – March 23, 2016

Course Date – May 6, 2015

### **Graduate Diploma in Manipulative Therapy**

Instructor – Robbie Goodrum, PT, DO, ND, Dip. FA Sports Injury Management

Goodrum Seminars / National University of Medical Science

July 31, August 1 and 2, 2014



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## Post-Graduate Diploma / Certification Courses Attended – Continued

### **Graduate Certificate in Manipulative Therapy**

Instructor – Robbie Goodrum, PT, DO, ND, Dip. FA Sports Injury Management

Goodrum Seminars / National University of Medical Science

July 28 to 30, 2014

### **ISBT-Bowen Therapist**

#### **Certification Program in Bowen Therapy (Foundation Course)**

Instructor – Lisa Black, Col Murray, and Irene Lim

International School of Bowen Therapy (ISBT – Australia)

<http://www.bowen-therapy.com/>

Module 1 (October 5 to 6, 2013)

Module 2 (January 11 to 12, 2014)

Module 3 (February 22 to 23, 2014)

Module 4 (August 30 to 31, 2014)

Module 5 (December 20 to 21, 2014)

Advance Course 1 (December 19 to 20, 2015)

### **Dorn Method Specialist - Dorn Method and Breuss Massage**

Instructor: Thomas Zudrell, MD(AM), Director - AHHA

Academy for Holistic Healing Arts International (AHHA – Germany)

[http://www.dorn-method.com/dornmethod\\_international\\_practitioner\\_directory\\_philippines.html](http://www.dorn-method.com/dornmethod_international_practitioner_directory_philippines.html)

Basic Course (March 20 to 21, 2014)

Advance Course (March 22 to 23, 2014)

### **Certified Structural Manual Therapist**

Instructor – Leomil P. Adriano, PTRP, MSPT, DO, Grad. Dip. Man. Ther. (HONS), MTAI

SOMATIC Therasystems Association Inc. In association with the Association of Traditional Osteopaths in the

Philippines - December 2013 to present

### **Muscle Tape Accredited Practitioner**

Instructor – Leomil P. Adriano, PTRP, MSPT, DO, Grad. Dip. Man. Ther. (HONS), MTAI

SOMATIC Therasystems Association Inc

Recognized by the SOMATIC Therasystems Association Inc. - July 24, 2012 to present

### **Nasara Kinesiology Taping Practitioner**

Instructor – Leomil P. Adriano, PTRP, MSPT, DO, Grad. Dip. Man. Ther. (HONS), MTAI

Nasara International Taping Academy (NASARA - Philippines)

<http://nasarataping.org/nita.php>

Basic Course (April 12 to 13, 2014), certificate printed April 5, 2015

Advance Course (April 9 to 10, 2016)

### **IMS Practitioner**

#### **Treatment of Chronic Pain: Intramuscular Stimulation for Myofascial Pain of Radiculopathic Origin**

Instructor – Kam Yan, Canada Registered Physiotherapist, IMS Practitioner

Hong Kong

November 14 to 16, 2014

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## On-going Certifications / Trainings

### **Lymphatic Drainage Therapy Certification**

Instructor – Molly Clark, PT, LLCC

Chikly Health Institute, USA

Saint Louis College, Bangkok, Thailand

LDT 1 - October 24 to 27, 2015

### **International Proprioceptive Neuromuscular Facilitation (PNF) Association Certification**

Instructor: Seongsoo Hwang, PT, PhD – Accredited Senior Instructor of IPNFA

<http://www.ipnfa.org/>

Level 1 – January 19 to 23, 2015

Level 2 – June 30 to July 4, 2015

### **Certification in Clinical Manual Therapy**

Instructor – Ng Chong Ching, Msc Exercise & Sport, MMT, DO-MTP, Founder – Manual Circle Singapore

Manual Circle (Singapore)

<http://manualcircle.com/>

Module 1 – Lumbopelvic Region (April 4 to 6, 2014)

Module 2 – Cranio-cervical Complex (October 9 to 11, 2015)

### **Certified Mulligan Practitioner's Course**

Instructor - Gorman Chi Wing Ngai, CMP, MCTA, Mulligan Concepts, Australia

<http://www.bmulligan.com/>

Part A Upper Quadrant (July 20 and 21, 2013)

Part B Lower Quadrant (September 24 to 25, 2013)

Part C Advance and Follow-up Course (May 16 to 17, 2015)

### **Craniosacral Therapy Certification Program**

Instructor – Jim Green, BS, LMT

Acorn Seminars, Inc. Marietta, GA

<http://www.acornseminars.com/>

Craniosacral Therapy approach CST-1 Basic (January 30 to February 2, 2014)

Craniosacral Therapy approach CST-2 Intermediate (February 6 to 9, 2014)

Craniosacral Therapy approach CST-3 Whole Body (November 20 to 23, 2014)

### **Neuromuscular Dry Needling and Palpation**

Instructor – Prakkash R. Sharoff, MOSMT

Physiohealth Research and Teaching Institute (India)

<http://www.physiohealth.in/>

Basic Course (March 14 to 16, 2014)

## Other Seminars and Workshops Attended

### **Assertive Communication Workshop**

May 5, 2016 and June 4, 2016 – American English

### **2<sup>nd</sup> Osteopathy and Manual Therapy Convention: Unity in Diversity**

April 23 to 24, 2016 – Association of Traditional Osteopaths in the Philippines in affiliation with SOMATIC Therapeutics Association Inc.



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## Other Seminars and Workshops Attended – Continued

### **Leadership Toolkit**

April 14 to 15, 2016 – Asian Hospital and Medical Center

### **Cranial Osteopathy 1**

Instructor – Steven Sanet, DO

October 2 to 4, 2015 – Osteopathic College of Ontario

### **Leadership Pearls: Practice and Principles**

December 5, 2015 – Philippine Association of Training Officers in Surgery in cooperation with Aesculap Academy

### **Training and Organizational Needs Analysis**

November 3 to 4, 2015 – Graduate School of Business, Ateneo de Manila University

### **Leadership Summit**

August 5, 2015 – Philippine Association of Training Officers in Surgery in cooperation with Aesculap Academy

### **3<sup>rd</sup> Post-Graduate Course: H.O.P.E. (Helping Our Partners through Empowerment) in Stroke and Cancer Management**

July 12, 2015 - Department of Physical Medicine and Rehabilitation, Asian Hospital and Medical Center

### **Journey to Preceptorship**

May 12 to 13, 2015 – Asian Hospital and Medical Center

### **ACL Rehabilitation: Protocols and Return to Function**

February 7 to 8, 2015 – Center for Knowledge and Advance Training Center (CKAT)

### **14<sup>th</sup> Post-Graduate Course: Rehabilitation Medicine: Improving Function, Enhancing Lives**

Disability First Foundation, Inc. in cooperation with Department of Rehabilitation Medicine, UP-PGH

November 7 to 8, 2014

### **Building Foundations: Strength Training for the Physical Therapist**

October 26, 2014 – Center for Knowledge and Advance Training Center (CKAT) in cooperation with The CAMP, Center for Athletic Motion and Performance

### **Keeping It NATURAL – A Stress Management Workshop**

October 9 and 10, 2014 - Asian Hospital and Medical Center

### **Finding the Primary: Identifying Patterns of Dysfunction**

August 23, 2014 – Center for Knowledge and Advance Training Center (CKAT)

### **2<sup>nd</sup> Post-Graduate Course: Breaking Limits: Level Up! – Advance Rehabilitation Management**

July 27, 2014 – Department of Physical Medicine and Rehabilitation, Asian Hospital and Medical Center

### **Spinal Osteoarticular Techniques and Spinal Manipulation Course**

June 13 to 15, 2014 – SOMATIC Therasystems Association Inc.

### **Making Effective Presentations**

April 28, 29 and 30, 2014 - Asian Hospital and Medical Center

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## Other Seminars and Workshops Attended – Continued

### ***Eclectic Approach in Manual Therapy***

Instructor – Erson Reglioso III, DPT, MS, MTC, CFC, CSCS, FMS, FMT, FAAOMPT

April 26 to 27, 2014 - SOMATIC Therasystems Association Inc.

### ***Training on Diseases and Procedure Coding***

February 10, 2014 - Asian Hospital and Medical Center

### ***1<sup>st</sup> Osteopathic and Manual Therapy Convention***

January 18 to 19, 2014 – Philippine Osteopathic Society and SOMATIC Therasystems Association Inc.

### ***Manual Therapy Strategies for the Craniomandibular Joint***

September 14 and 15, 2013 - SOMATIC Therasystems Association Inc.

### ***Standard First Aid Training***

September 2 to 6, 2013 - Philippine National Red Cross

### ***Sporttape UK Kinesiology Training and Workshop***

August 16 to 18, 2013 – Reach Physical Therapy, Philippines

### ***Synergy of Different Taping Techniques***

August 10 and 11, 2013 - SOMATIC Therasystems Association Inc.

### ***1<sup>st</sup> Post-Graduate Course: Breaking Limits: Different Approaches to Sports Rehabilitation***

July 14, 2013 – Department of Physical Medicine and Rehabilitation, Asian Hospital and Medical Center

### ***Neural Manual Therapy for the Lower Quadrant***

June 29 and 30, 2013 – Manual Circle (Singapore)

### ***Synergy: Cutting Edge Practice in Fascial Manipulation and Functional Manual Therapy***

February 24, 2013 – St. Luke's Medical Center, Bonifacio Global City

### ***Philippine Physical Therapy Association (PPTA) Training for Clinical Educators***

January 20, 2013 – University of Santo Tomas

### ***Basic Supervisory Program***

October 7 and 10, 2011 - Asian Hospital and Medical Center

### ***Philippine Physical Therapy Association (PPTA) 2010 National Convention "Broadening the Reach of Filipino Physical Therapists"***

December 4 and 5, 2010 – Trader's Hotel, Pasay City

### ***Work Attitude and Values Enhancement***

March 26 and 29, 2010 - Asian Hospital and Medical Center

### ***ABC's of Customer Service***

September 23, 2010 and February 24, 2011 – Asian Hospital and Medical Center

### ***Muscle Energy Techniques for Sacroiliac and Iliosacral Joint Dysfunction***

August 23-25, 2005 – Summit T.E.A.M. Specialists, Pasig City

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## Other Seminars and Workshops Attended – Continued

### **Philippine Public Health**

January 24, 2004 – Justo Albert Auditorium, Pamantasan ng Lungsod ng Maynila

## Online Continuing Education Courses

### **Research Reveals the Benefits of Meditation**

December 31, 2014 - Continuing Education.com

### **Regulation of Body Weight**

December 31, 2014 - Continuing Education.com

### **Stroke: Making the Transition to Chronic Care Management**

May 18, 2014 - Continuing Education.com

### **Understanding Distal Radius Fractures**

April 30, 2014 - Continuing Education.com

### **Vertigo: Spinning Out of Control**

December 29, 2013 - Gannett Education

### **Cystic Fibrosis: No Cure Yet, But Treatment Advances Continues**

November 10, 2013 - Gannett Education

### **Back In Action with Joint Replacements, Part 1**

October 18, 2013 - Gannett Education

### **Strength Training for Older Adults Part 1**

September 3, 2013 - Gannett Education

### **Hypertension: Review of Guidelines and Drug Therapy Management**

August 9, 2013 - Gannett Education

### **Advance Directives: An Unrealized Goal**

August 2, 2013 - Gannett Education

## Recognitions Received

- Given the **Certificate of Recognition as the Platform Skills Expert** – Annual Accredited Trainers' Meeting, Continuing Education Center, Human Resources Department, Asian Hospital and Medical Center  
*December 19, 2014 and December 11, 2015*
- Given the **Certificate of Excellence and Recognition for the Service Excellence Award for Clinical Functions**  
*(July to September 2011)* - Asian Hospital and Medical Center.

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- **Accredited Trainer and Preceptor** under the Continuing Education Center, Human Resources Department, in Asian Hospital and Medical Center assigned to teach Postural Awareness, Proper Body Mechanics and Ergonomics.

## Speaking Engagements

- Accredited Trainer, Safety Culture 1 – Fundamentals on Hospital Safety, Continuing Education Center, Asian Hospital and Medical Center  
**Topics:**  
**Back to Basics: Postural Awareness, Proper Body Mechanics and Ergonomics (October 2012 to Present)**  
**Stress Relaxation Techniques – Stress Management Workshop (June 2015 to Present)**
- Resource Speaker and Facilitator – SOMATIC Therasystems Association Inc.  
**Topic: Manual Therapy Strategies for the Upper Quarter**  
April 17 and May 8, 2016
- Resource Speaker at the 2<sup>nd</sup> Osteopathic and Manual Therapy Convention: Unity in Diversity Association of Traditional Osteopaths in the Philippines  
**Topic: Proprioceptive Neuromuscular Facilitation in Modern Times**  
April 24, 2016
- Resource Speaker and Facilitator at the 3<sup>rd</sup> Post-graduate: H.O.P.E. (Helping Our Partners through Empowerment) in Stroke and Cancer Management Department of Physical Medicine and Rehabilitation – Asian Hospital and Medical Center  
**Topic: Manual Lymphatic Activation Technique**  
July 12, 2015
- Resource Speaker and Facilitator at the 18<sup>th</sup> Annual Scientific Seminar of the Physical Rehabilitation and Sports Section San Juan De Dios Educational Foundation Inc.  
**Topic: Manual Therapy Release Strategies for Breast and Lung Cancer**  
November 30, 2014
- Resource Speaker and Facilitator – SOMATIC Therasystems Association Inc.  
**Topic: Manual Therapy Strategies for Lower Back Pain Syndromes**  
September 21 and 28, 2014.
- Resource Speaker at the 2<sup>nd</sup> Post-graduate course: Breaking Limits: Level Up! – Advanced Rehabilitation Management Department of Physical Medicine and Rehabilitation of Asian Hospital and Medical Center  
**Topic: Introduction to Dry Needling – Palpation, Assessment, and Needling**  
July 27, 2014.
- Resource Speaker at the 1<sup>st</sup> Osteopathic and Manual Therapy Convention Philippine Osteopathic Society and Somatic Therasystems Association, Inc.  
**Topic: Primer on Myofascial Release**  
January 19, 2014.

# **MA. VERONICA FAITH C. PUNZALAN**

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References to be given upon request.

Certified true and correct.

A handwritten signature in black ink, appearing to read 'V. Faith C. Punzalan', with a long horizontal line extending to the right.

Ma. Veronica Faith C. Punzalan, PTRP, DO-MTP, Grad. Dip. Man. Ther. (HONS), DMS, MTAI